

*School Lunch Program @ Keswick Christian School February 2010*

Served by Rainbow Catering Co. *(Please remit all check payments to Rainbow Catering Co)*

MON	TUE	WED	THU	FRI
<b>Feb 1) Hot meal</b> Baked chicken nuggets Baked french fries Side salad or tropical fruit <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 2) Hot meal</b> *Small/ Standard / or Large Penne pasta w/ meat sauce French bread Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 3) Hot meal</b> *Small/ Standard / or Large Mini corn dogs Mac & cheese Applesauce <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 4) Hot meal</b> *Small/ Standard / or Large Cheeseburger w/ choice of Salad bar or French fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 5) Hot meal</b> *Small/ Standard / or Large Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal
<b>Feb 8) *Small/ Standard / or Large</b> French toast sticks Tator tots tropical fruit <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 9) Hot meal</b> *Small/ Standard / or Large Tomato soup w/ pasta Crackers Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 10) Hot meal</b> *Small/ Standard / or Large Crunchy Taco bar Black beans and Rice <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 11) *Small/ Standard / or Large</b> Pizza w/ salad choice Valentine dessert <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 12)</b> No School
<b>Feb 15) Hot meal</b> No School	<b>Feb 16) Hot meal</b> *Small/ Standard / or Large French bread pizza Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 17) Hot meal</b> *Small/ Standard / or Large Soft Tacos Chips w/ salsa Fiesta Corn <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 18) *Small/ Standard / or Large</b> Chicken Tender sub w/ choice of Salad bar or french fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 19) *Small/ Standard / or Large</b> Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal
<b>Feb 22) *Small/ Standard / or Large</b> Baked chicken nuggets Baked french fries Side salad or tropical fruit <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 23) *Small/ Standard / or Large</b> Spaghetti w/ meat sauce French bread Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 24) *Small/ Standard / or Large</b> Mini corn dogs Mac & cheese Applesauce <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 25) *Small/ Standard / or Large</b> Chicken sandwich w/ choice of Salad bar or french fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Feb 26) Small/ Standard / or Large</b> Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal

**All meal options include drink choice of:**  
 100% juice  
 Bottled water  
 2% white milk  
 2% choc milk  
**\*for Gatorade add additional \$1.00 to meal price**

**Hot Meal portions are as follows and include drink:**  
**\$3.00 Small hot meal** (smaller portion of daily menu item targeted for Pre K-1<sup>st</sup>)  
**\$3.50 Standard hot meal** (standard portion of daily menu item for 2<sup>nd</sup> - 12<sup>th</sup>)  
**\$4.50 Large hot meal** (double entrée portion of daily menu item available for the heartier appetites)

**All Cold Meal portions are as follows and include chips and drink:**  
**\$3.00 Small cold meal**  
 PB&J meal  
 Turkey or Ham wrap  
**\$3.50 Standard cold**  
 Turkey or Ham 6" sub  
 (w/ condiments)

**Daily Ala Carte Items**  
 \*Tortillia chips w/ nacho cheese or salsa \$2.50  
 \*Side Caesar salad \$1.50  
 \*Bagel w/ cream cheese \$1.50  
 \*Fresh seasonal fruit \$.75  
 \*Granola Bar \$.50  
 \*Grandmas cookies \$.75  
 \*Assorted chips \$.75  
 \*Fruit roll up \$.50  
 \*Drink \$1.00  
 \*Gator-ade/ Power -ade \$1.50

**Payments for lunch accounts can be made online thru Paypal at [www.classlogon.com](http://www.classlogon.com) (more info on school website) Or Via check or cash sent in via elementary office (in designated envelopes)**